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SEIJITSU MARTIAL ARTS CLUB

incorporates a mixture of

Karate Self Defence Ju Jitsu Krav Maga

Helps to build confidence and awareness,
fitness and coordination through disciplined
and realistic training.

SUNDAYS: 9:30AM - 10:30AM (FIRST LESSON FREE)


SUMMERCROFT PRIMARY SCHOOL

PLAW HATCH CLOSE, BISHOPS STORTFORD, HERTS CM23 5BJ

Chief Instructor (30+ years experience)

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