

Summerville Primary – an Academy School
achieving through care, challenge and creativity
Sex and Relationships Education Policy
Statutory Policy



Sex and Relationships Education Policy

Date of Approval: September 2015	
This policy will be reviewed by the LPP Committee annually	
Date for Review: September 2018	
Signature <i>C. Hirstidge</i>	Date
Head Teacher	
Signature	Date
Chair of Governors	

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What do we mean by Sex and Relationships Education?

There are three main elements:

Attitudes and values:

- Learning the importance of values and individual conscience and moral considerations.
- Learning the value of family life.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.

Personal and social skills:

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on understanding of difference and with an absence of prejudice.
- Developing an appreciation of the consequences of choices made.
- Managing conflict.
- Learning how to recognise and avoid exploitation and abuse.

Knowledge and understanding:

- Learning and understanding physical development at appropriate stages.

How is sex and relationship education provided?

Sex and relationship education forms part of the Personal, Social, Health and Citizenship Education curriculum.

The PSHCE curriculum is developed through four broad themes and makes it clear what is appropriate in the early primary years. The four themes are:

- Developing confidence and responsibility and making the most of pupils' abilities.
- Preparing to play an active role as citizens.
- Developing a healthier, safer lifestyle.
- Developing good relationships and respecting differences between people.

The requirements of the Key Stage 1 Science curriculum are delivered through these themes:

- *To know that animals including humans, move, feed, grow, use their senses and reproduce.*
- *To recognise and compare the main external parts of the bodies of humans.*
- *To know that humans and animals can produce offspring and that these grow into adults.*
- *To recognise similarities and differences between themselves and others and treat others with sensitivity.*

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The requirements of the Key Stage 2 Science curriculum are delivered through these themes:

- *That the life processes common to humans and other animals include nutrition, growth and reproduction.*
- *About the main stages of the human life cycle.*
- *To know about and have some understanding of the physical, emotional and social changes that take place at puberty including the importance of good hygiene.*
- *About the basic biology of human reproduction and understand some of the skills necessary for parenting.*
- *How children develop from birth to adulthood and be aware that there are different patterns of child-rearing, understand the importance of good parenting.*
- *About the needs of the old or ill and understand what happens with death.*
- *About agencies that can support families and individuals in different circumstances.*
- *Drawing on the support of the School Nurse in delivering our programme.*

In addition, materials from the Channel 4 Living and Growing resource will be used to complement the teaching of Sex and Relationships Education.

Sex and Relationship Education in our school contributes to the foundation of PSHCE by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships.
- Are able to name parts of the body and describe how their bodies work.
- Can protect themselves and ask for help and support.

How do we monitor/evaluate Sex and Relationships Education?

The PSHCE Subject Leader will monitor the planning, attainment and achievement of pupils in terms of Sex and Relationships Education as part of their role.

Working with parents

- Parents/carers are key people in teaching their children about sex, relationships and growing up.
- Parents/carers will be informed that that the school's Sex and Relationship programme of study will support their role as parents. A statement from the policy will appear in the school prospectus.
- Parents/carers have the right to withdraw their children from all or part of sex and relationships education.
- Parents/carers, should they wish, will have an opportunity to view material shown to children by teachers and/or the School Nurse before its use.